

Going Deeper Questions
What "Healthy" Looks Like
Ephesians 3:1-13
February 21, 2010

1. Jeremy started his sermon by sharing the story of Jim Fixx; what do you do, if anything, to stay physically healthy?
2. As you read Ephesians 3:1-2 what does Paul see as the reason why he can do what he does? Does that same reason govern your life? How do you see it in all practicality?
3. This word, “mystery,” shows up in Ephesians 6 times: 1:9; in our passage here 3 times—vv.3, 4, 9; in 5:32 and 6:19. Read those passages and the context around them to see what Paul means about “mystery.” Does he mean the same thing in all the places? What is our calling as a church as it pertains to this “mystery”? How are we doing in this calling? How can we get better at it?
4. In Ephesians 3:6 we see Paul highlighting unity. There are many things that can get in the way of us having unity. What are those things that can damage unity? Do you see anything *in our church* that is hurting our unity? What role can you play in promoting unity?
5. A high value of the apostle Paul was preaching and teaching. Specifically, do you remember the focus of that preaching and teaching (as seen in your outline)?
 - a. Paul never forgot his past (Ephesians 3:8). What has God saved you from?
 - b. The church is clearly supposed to be the place where God’s wisdom is being taught (Ephesians 3:9-10). Have you grown in learning about wisdom in the church in the last few months? Why/How or why not?
6. Ephesians 3:11 indicates what governed Paul’s actions. Does that govern our actions as a church? Does it govern your actions as a Christian? Explain.
7. The text speaks about faith (Ephesians 3:12). How do we know we are walking by faith? How can we live by faith and yet not be reckless with life?
8. Even though Paul was bold and confident in Christ, he was humble. Are we humble? Reading Ephesians 3:2, 7, 8 what was Paul’s outlook about his life that kept him humble? How can we apply that to our lives?